

January 2026 5-12 Salad Bar



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
| | | | 1 | |
| | | | NO SCHOOL TODAY | NO SCHOOL TODAY |
| 5 | 6 | 7 | 8 | |
| NO SALAD BAR TODAY | Romaine Lettuce | Romaine Lettuce | Romaine Lettuce | Romaine Lettuce |
| | Spinach Fresh | Spinach Fresh | Spinach Fresh | Spinach Fresh |
| | Cucumbers | Cucumbers | Cucumbers | Cucumbers |
| | Red/Green Bell Peppers | Red/Green Bell Peppers | Red/Green Bell Peppers | Red/Green Bell Peppers |
| | Apple | Apple | Apple | Apple |
| | Orange | Orange | Orange | Orange |
| | Tomatoes, Egg | Tomatoes, Egg | Tomatoes, Egg | Tomatoes, Egg |
| | Apple, Orange, Raisins | Apple, Orange, Raisins | Apple, Orange, Raisins | Apple, Orange, Raisins |
| | Peas | Peas | Peas | Peas |
| | Applesauce | Applesauce | Applesauce | Applesauce |
| | Diced Turkey | Diced Turkey | Diced Turkey | Diced Turkey |
| | Chicken | Chicken | Chicken | Chicken |
| | Cottage Cheese | Cottage Cheese | Cottage Cheese | Cottage Cheese |
| | Bell Peppers, Peas, | Bell Peppers, Peas, | Bell Peppers, Peas, | Bell Peppers, Peas, |
| | Chickpeas, Croutons | Chickpeas, Croutons | Chickpeas, Croutons | Chickpeas, Croutons |
| | w/ Breadstick | w/ Breadstick | w/ Breadstick | w/ Breadstick |
| | Choice of Milk Dried Cranberries | Choice of Milk Dessert | Choice of Milk | Choice of Milk |
| | Pita Chips & Hummus | Dessert | Pita Chips & Hummus | |
| 12 | 13 | 14 | 15 | |
| Romaine Lettuce | Romaine Lettuce | Romaine Lettuce | Romaine Lettuce | Romaine Lettuce |
| Spinach Fresh | Spinach Fresh | Spinach Fresh | Spinach Fresh | Spinach Fresh |
| Cucumbers | Cucumbers | Cucumbers | Cucumbers | Cucumbers |
| Red/Green Bell Peppers | Red/Green Bell Peppers | Red/Green Bell Peppers | Red/Green Bell Peppers | Red/Green Bell Peppers |
| Apple | Apple | Apple | Apple | Apple |
| Orange | Orange | Orange | Orange | Orange |
| Tomatoes, Egg Apple, Orange, Raisins | Tomatoes, Egg Apple, Orange, Raisins | Tomatoes, Egg Apple, Orange, Raisins | Tomatoes, Egg Apple, Orange, Raisins | Tomatoes, Egg Apple, Orange, Raisins |
| Apple, Orange, Raisins Peas | Appie, Orange, Raisins Peas | Apple, Orange, Kalsins Peas | Appie, Orange, Raisins Peas | Appie, Orange, Raisins Peas |
| Applesauce | Applesauce | Applesauce | Applesauce | Applesauce |
| Diced Turkey | Diced Turkey | Diced Turkey | Diced Turkey | Diced Turkey |
| Chicken | Chicken | Chicken | Chicken | Chicken |
| Cottage Cheese | Cottage Cheese | Cottage Cheese | Cottage Cheese | Cottage Cheese |
| Bell Peppers, Peas, | Bell Peppers, Peas, | Bell Peppers, Peas, | Bell Peppers, Peas, | Bell Peppers, Peas, |
| Chickpeas, Croutons | Chickpeas, Croutons | Chickpeas, Croutons | Chickpeas, Croutons | Chickpeas, Croutons |
| w/ Breadstick | w/ Breadstick | w/ Breadstick | w/ Breadstick | w/ Breadstick |
| Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Dried Cranberries | Dried Cranberries Pita Chips & Hummus | Dessert | Pita Chips & Hummus | |
| 19 | Pita Chips & Huminus | 21 | 22 | |
| NO SCHOOL TODAY | Romaine Lettuce | Romaine Lettuce | Romaine Lettuce | Romaine Lettuce |
| | Spinach Fresh | Spinach Fresh | Spinach Fresh | Spinach Fresh |
| | Cucumbers | Cucumbers | Cucumbers | Cucumbers |
| | Red/Green Bell Peppers | Red/Green Bell Peppers | Red/Green Bell Peppers | Red/Green Bell Peppers |
| | Apple | Apple | Apple | Apple |
| | Orange | Orange | Orange | Orange |
| | Tomatoes, Egg | Tomatoes, Egg | Tomatoes, Egg | Tomatoes, Egg |
| | Apple, Orange, Raisins | Apple, Orange, Raisins | | |
| | | | Apple, Orange, Raisins | Apple, Orange, Raisins |
| | Peas | Peas | Peas | Peas |
| | Applesauce | Applesauce | Peas Applesauce | Peas Applesauce |
| | Applesauce Diced Turkey | Applesauce Diced Turkey | Peas Applesauce Diced Turkey | Peas Applesauce Diced Turkey |
| | Applesauce Diced Turkey Chicken | Applesauce Diced Turkey Chicken | Peas Applesauce Diced Turkey Chicken | Peas Applesauce Diced Turkey Chicken |
| | Applesauce Diced Turkey Chicken Cottage Cheese | Applesauce Diced Turkey Chicken Cottage Cheese | Peas Applesauce Diced Turkey Chicken Cottage Cheese | Peas Applesauce Diced Turkey Chicken Cottage Cheese |
| | Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, | Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, | Peas Applesauce Diced Turkey Chicken | Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, |
| | Applesauce Diced Turkey Chicken Cottage Cheese | Applesauce Diced Turkey Chicken Cottage Cheese | Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, | Peas Applesauce Diced Turkey Chicken Cottage Cheese |
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| | Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons W/ Breadstick Choice of Milk Dried Cranberries | Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick | Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons W Breadstick | Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick |
| | Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons W Breadstick Choice of Milk Dried Cranberries Pita Chips & Hummus | Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons W Breadstick Choice of Milk Dessert | Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Pita Chips & Hummus | Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick |
| 26 Romaine Lettuce | Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons W Breadstick Choice of Milk Dried Cranberries Pita Chips & Hummus | Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons W Breadstick Choice of Milk Dessert | Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Pita Chips & Hummus | Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk |
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| Romaine Lettuce Spinach Fresh Cucumbers | Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries Pita Chips & Hummus | Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dessert | Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons W/ Breadstick Choice of Milk Pita Chips & Hummus | Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Romaine Lettuce Spinach Fresh Cucumbers |
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This Institute is an Equal Opportunity Provider

-Low-fat Milk is offered at every meal.

-Salad Bar has choice of one meat choice or cottage cheese

Each Meal has a choice of only one meat/meat alternative (extra meat is .75 cent each).

Pricing: Lunch Jk-4 = \$2.45 / 5-8 = \$2.65 / 9-12 = \$2.85

Adult Lunch = \$4.85

-Pay Child Meal Accounts online at MySchoolBucks.com